

Trinitas Comprehensive Breast Program

October's Breast Cancer Awareness Month is a time of great reflection and pride at Trinitas, on the wide range of comprehensive breast services we provide women throughout Union County and beyond. Trinitas provides convenient access to the latest screening and diagnostic technology and is there for women every step of the way with the best treatment options, access to clinical trials, and a robust variety of supportive services. Our state-of-the-art technologies and highly skilled medical professionals provide outstanding patient care and excellent customer service.

Some of the recent Breast Program Highlights include:

ACoS National Accreditation Program for Breast Centers: Upcoming Accreditation Survey:

Trinitas is preparing for an accreditation survey conducted by the National Accreditation Program for Breast Centers (NAPBC). Centers that seek accreditation must adhere to rigorous requirements including the following: All physicians are board certified or in the process of certification; nurses have specialized training in breast cancer; patients are treated by multidisciplinary teams with access to new treatment options; patients and their families receive education and continued support services; ongoing quality indicator data collection; access to a patient navigator and clinical trial information. The NAPBC is a quality improvement program administered by the American College of Surgeons (ACoS). There are currently only 84 centers accredited through this program.



Trinitas Joins as New Member in the National Consortium of Breast Centers

The National Consortium of Breast Centers (NCBC) keeps members informed about the latest advances in breast care techniques, equipment, technology, drugs and services available to improve patient care. The NCBC provides opportunities to participate in committees on Education, Quality, Grant Writing, Breast Navigation Certification, National Quality Measures (see below) and Clinical Breast Examination Certification. As a member of the NCBC, Trinitas now has access to collaborative research opportunities, best practice resources, conferences, newsletters, continuing education and certification, and the opportunity to network, meet and exchange information with other breast care professionals from around the country and the world.



Trinitas Approved as Participating Member of National Quality Measures for Breast Centers Program

Trinitas is now registered as a Participating Member in The National Quality Measures for Breast Centers™ Program (NQMBC™). This interactive internet model is a project of the National Consortium of Breast Centers that provides breast centers with the opportunity to track and measure quality performance in more than 30 separate quality indicators. As a Participating Member, Trinitas now has immediate access to information that allows our medical team and administration to compare performance with other breast centers across the United States. Participation in this program highlights Trinitas Regional Medical Center's commitment to increase the quality of breast health care in our region.



Upcoming Professional Activities

Please RSVP for any of the events by calling Ariela at (908) 994-8706

Updates in Breast Cancer 2010

October 12, 2010 at 6:00pm
Dr. Lisa Henson, Dr. Gerardo Capo, Dr. James Frost, Dr. Joseph Alkon, and Dr. Margaret Garrisi La Griglia, Kenilworth.

Clinical Debates in Ovarian Cancer – CME Dinner

November 11, 2010 at 6:00pm
Bradley J. Monk, MD, of Creighton University School of Medicine at St. Joseph Hospital and Medical Center. TCCC Third Floor.

Multiple Myeloma – CME Dinner

December 14, 2010 at 6:00pm, TCCC Third Floor.

Upcoming Tumor Boards

General Tumor Board

October 1, November 5, December 3
12 Noon, 8 South Conference Room
October 8, November 12
12 Noon, TCCC Conference Room A

Thoracic Tumor Board

October 22, December 10
12 Noon, TCCC Conference Room A

Breast Tumor Board

October 15, November 19, December 17
7:30am, PCR

Urology Tumor Board

October 29, 7:30am, TCCC Conference Room A

Support Groups and Lectures for Patients

Please RSVP for any of the groups by calling Grisela Hidalgo, LCSW at (908) 994-8535.

"Living with Cancer" Support Group

(held the 2nd Tuesday of each month)
October 12, November 9, December 14
from 2:00-4:00pm

"Viviendo con Cancer" Grupo de Apoyo

(dado el primer Martes de cada mes)
Octubre 5, Noviembre 3, Diciembre 7
2:00-4:00pm

Exploring Your Breast Cancer Journey Through Art

With Monica Duque, Art Therapist
October 11th from 1:00-2:30pm

Sexuality and Emotional Health; Surviving Cancer One Step at a Time

Facilitated by Carol Blecher, RN, MS, APN,C and Grisela Hidalgo, LCSW
October 19th 2:00pm-4:00pm
October 20th 5:00pm-7:00pm

"Fall Healthy Harvest"

Facilitated by Cheryl Wachtel, RD

November 2nd 10:30-12:00pm
A demonstration on making pumpkin smoothies and discussion of other fruits and vegetables from autumn's cornucopia.

Trinitas CCC Contact Information

Main Number – Answered 24/7
908-994-8000

Administration
908-994-8735

Clinical Trials & Research
908-994-8539

Lab
908-994-8534

Medical Oncology &
Hematology – Exam
908-994-8753
Fax 908-994-8748

Medical Oncology &
Hematology – Infusion
908-994-8780
Fax : 908-994 8793

Nurses Station –
Medical Oncology
908-994-8786

Pharmacy
908-994-8789

Radiation Oncology
908-994-8727
Fax: 908-994-8725

Supportive Care Services:

Complementary Medicine Services
908-994-8730

Nutrition Services
908-994-8736

Genetic Counseling
908-994-8772

Social Work
908-994-8535



Physicians

Dr. Barry Levinson
Medical Director
908-994-8772

Dr. Paul Bolanowski
Director, Thoracic Oncology Program
908-352-8110

Dr. Gerardo Capo
Medical Oncology & Hematology
908-994-8773

Dr. Clarissa Febles Henson
Chair of Radiation Oncology
908-994-8393

Dr. William Kessler
Medical Oncology & Hematology
908-994-8773

Dr. Brett Opell
Director, Prostate Cancer Program
908-289-3666

Dr. Vincent Salerno
Medical Oncology & Hematology
908-994-8774

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Multi-disciplinary Breast Program Leadership Committee Formed to Focus on Continuous Quality Improvement

Trinitas has established a Breast Program Leadership Committee focusing solely on continuous improvement on our breast program. Led by Dr. Barry Levinson, Medical Director at Trinitas Comprehensive Cancer Center, committee members include leadership from the departments of surgery, medical and radiation oncology, radiology, pathology, nursing, social work, nutrition, pharmacy, rehabilitation, administration, quality improvement and cancer registry. The Breast Program Leadership Committee monitors adherence to clinical practice guidelines, resource utilization and implement case reviews to assure and continuously improve quality of care in diagnosis, treatment, symptom management, follow-up, rehabilitation, patient education and supportive care.

Multi-catheter MammoSite – More women can now benefit from advanced tissue-sparing and toxicity reducing brachytherapy.

MammoSite brachytherapy is now available with a multi-catheter option – greatly expanding the patient population who can benefit from this tissue-sparing cancer treatment. After the surgical removal of the breast tumor via a lumpectomy, a small balloon is attached to a thin catheter and is inserted into the lumpectomy cavity. The balloon end of the catheter is inflated with saline solution so that the surrounding tissue conforms to the shape of the balloon. With a multi-catheter procedure, a radioactive source is implanted into the central catheter within the inflated balloon, as well as up to 3 three additional catheters so the radioactive source can be strategically placed closer to the walls of the balloon, as well as up to four additional catheters that can be strategically placed closer to the walls of the balloon, further decreasing toxicity and sparing more healthy tissue. The Mammosite regimen is an out-patient, five day, twice daily therapy that minimizes the significance radiation may have on healthy tissue and reduces the probability of side effects. Breast surgeon, Dr. James Frost and Chief of Radiation Oncology, Dr. Clarissa Henson head the multidisciplinary MammoSite team.



James Frost, MD, FACS Earns “Mastery Of Breast Surgery Program” Designation

Dr. James Frost, FACS of Advanced Surgical Associates in Springfield, New Jersey is an accomplished and highly sought after surgeon who recently has earned the Mastery of Breast Surgery Program designation. Dr. Frost attended Universidad Auntona De Guadalajara, the Mount Sinai School of Medicine in New York and is board certified in surgery and laparoscopic surgery. The Mastery of Breast Surgery Program designation is given by the American Society of Breast Surgeons Board of Directors and was developed in response to the need to document quality outcomes in patient care and to provide surgeons with a comparative data resource. The Mastery of Breast Surgery Program

designation is a qualified 2010 Physician Quality Reporting Initiative (PQRI) and recognizes commitment to improving the quality of care in breast cancer treatment as evidenced by their participation in this data collection/self-review process. Dr. Frost has earned numerous honors in the field of medicine including the recent 2010 Inside Jersey Magazine “Top Doctors for Women”; and has been named to Castle Connolly’s Top Doctor NY Metro Area every year from 2001-1010. He is also fluent in Spanish which helps reassure many patients and their family members in our community that he understands their needs and concerns.

Did You Know?

Lymphedema is an impairment of the lymphatic system, which may develop after cancer surgery and/or radiation therapy. This condition may cause limb or trunk swelling. Lymphedema can be managed so that patients can resume a normal lifestyle. At Trinitas, a physical therapist will work with the patient to help develop a treatment program. For more information or to refer a patient, please contact the Trinitas Physical Medicine and Rehabilitation Services at (908) 994-5650.

