

## Message from the Chair of Radiation Oncology

As I approach my 3-year anniversary at Trinitas, I can look back at a time of great clinical advancements, dedication to delivering safe and effective care, commitment to clinical research, and very high patient satisfaction.

### Experience with Clinical Advancements

Trinitas has the longest experience of any cancer center in the state of New Jersey in treating patients with RapidArc radiotherapy, a fast and precise form of treatment using advanced technology from Varian Medical Systems. Our full-time team of professionals also has significant expertise and specialized training in Intensity Modulated RT (IMRT), Image Guided RT, Stereotactic Cranial Radiosurgery, Stereotactic Body RT, Prostate Seed Implants, Mammosite for breast cancer and Image-Guided High Dose Rate brachytherapy for gynecologic malignancies.

### A Commitment to Quality and Safety

At Trinitas, we follow extensive safety measures to ensure patients receive accurate and precise treatment every time. In addition to our robust in-house quality and safety programs, we participate regularly in external quality reviews. I'm pleased to report that we recently achieved another 3-year Certificate of Accreditation by the American College of Radiation Oncology (ACRO) Practice Accreditation Program. In addition, we participate in a voluntary quality assurance and credentialing process through the Radiological Physics Center at MD Anderson in Texas. Through this program, we successfully satisfied the treatment planning and irradiation criteria for RapidArc RT. We also achieved credentialing in the use of IMRT for head and neck cancers, IMRT for prostate cancers, and Stereotactic Radiosurgery. Our participation in these voluntary credentialing programs demonstrates our proactive and steadfast commitment to providing safe and accurate treatments for our patients using the most effective treatment technologies available.

### Clinical Research

We proudly continue our Membership in the prestigious Radiation Therapy Oncology Group (RTOG), a national clinical trials cooperative of over 260 of the most qualified institutions across the United States and Canada. Our patients have access to high quality multi-institutional protocols developed by many of today's leading radiotherapy specialists. In addition, in February 2010 we presented original research on Partial Breast Irradiation with Mammosite Brachytherapy at the 20th Annual Meeting of ACRO in Orlando, Florida.



In the beginning of this new decade, we rededicate ourselves and our mission to provide our patients the safest and most advanced radiation therapy. Our goal is to continue to be a trusted resource for patients and physicians throughout our community.

Sincerely,

Clarissa Henson, MD, DABR • (908) 994-8393

## Breast Cancer Clinical Trial for ER+ Women

Trinitas Cancer Center is participating in a clinical study to determine if the combined treatment of an investigational drug along with an additional therapy is effective in treating postmenopausal women with advanced breast cancer in cases where the cancer has progressed despite treatment with Nonsteroidal Aromatase Inhibitors (NSAI). "This Phase 3 trial is another important step in our ongoing pursuit to find the most effective treatment options for our patients," expressed Dr. Barry Levinson, Medical Director at Trinitas Cancer Center. This 24-week trial with visits every six weeks until trial completion will study if everolimus with the hormone therapy exemestane is effective at controlling breast cancer that has come back or spread after treatment with other hormone therapies. Further eligibility criteria include ER+ breast cancer that cannot be removed surgically. For more information, please contact Dr. Barry Levinson at (908) 994-8722 or Maria Serrano, Trinitas CCC Research Manager at (908) 994-8539.



### Upcoming Professional Activities

#### Clinical Debates in Breast Cancer

April 21, 2010 at 6:00pm  
Dr. Aman U. Buzdar, University of Texas  
M. D. Anderson Cancer Center  
TCCC 3rd Floor, RSVP by Calling (908) 994-8706

#### Clinical Debates in Prostate Cancer

May 12 at 6:00pm  
Dr. Leonard Gomella, Thomas Jefferson University  
TCCC 3rd Floor, RSVP by calling (908) 994-8706

#### Updates in Lung Cancer CME Dinner and Talk – Details to follow

### Upcoming Tumor Boards

#### General Tumor Board

April 9, May 7 and 14, June 4 and 11  
12 Noon, TCCC Conference Room A

#### Thoracic Tumor Board

March 26, April 23, May 28, June 25  
12 Noon, TCCC Conference Room A

#### Breast Tumor Board

April 16, May 21, June 18  
7:30am, PCR

#### Urology Tumor Board

April 30, 7:30am, TCCC Conference Room A

### Support Groups and Lectures for Patients

Please RSVP for any of the groups by calling  
Grisela Hidalgo, LCSW at (908) 994-8535.

April 6th • 2:00-4:00pm - "Viviendo con Cancer"

April 12th • 5:30-7:00pm - "Living with Prostate Cancer" support group with presentation from Cheryl Wachtel, RD "Prostate Cancer: Food and Nutrition"

April 13th • 2:00-4:00pm - "Living with Cancer" Support Group (held the 2nd Tuesday of each month)

April 19th • 3:30-5:00pm - "Desde Aqui Para Donde Vamos" A group discussion in Spanish with Dr. Gerardo Capo and Grisela Hidalgo, LCSW

May 4th • 2:00-4:00pm - "Viviendo con Cancer"

May 5th • 5:30-7:00pm - "Where do we go from here" Surviving a Cancer Diagnosis, a group discussion with Dr. Barry Levinson and Grisela Hidalgo, LCSW

May 11th • 2:00-4:00pm - "Living with Cancer" Support Group (held the 2nd Tuesday of each month)

May 13th • 2:00-4:00pm - "Dietary Guidelines for Cancer Survivorship" with presentation from Cheryl Wachtel, RD and facilitated by Grisela Hidalgo, (Group will include educational materials on healthy eating habits)

May 20th • 2:00-4:00pm - "Las Normas Dieteticas Para la Sobrevivencia Del Cancer" con presentacion de Cheryl Wachtel, RD y Grisela Hidalgo, LCSW (Grupo contiene material educativo de comidas saludable)

## Trinitas CCC Contact Information

Main Number – Answered 24/7  
908-994-8000

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908-994-8735

Clinical Trials & Research  
908-994-8539

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908-994-8534

Medical Oncology &  
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908-994-8753  
Fax 908-994-8748

Medical Oncology &  
Hematology – Infusion  
908-994-8780  
Fax : 908-994 8793

Nurses Station –  
Medical Oncology  
908-994-8786

Pharmacy  
908-994-8789

### Supportive Care Services:

Social Work  
908-994-8535

Nutrition Services  
908-994-8736

Complementary Medicine  
Services  
908-994-8730

Radiation Oncology  
908-994-8727  
Fax: 908-994-8725

### Physicians

Dr. Barry Levinson  
Medical Director  
908-994-8772

Dr. Paul Bolanowski  
Director, Thoracic Oncology Program  
908-352-8110

Dr. Gerardo Capo  
Medical Oncology & Hematology  
908-994-8773

Dr. Clarissa Febles Henson  
Chair of Radiation Oncology  
908-994-8393

Dr. William Kessler  
Medical Oncology & Hematology  
908-994-8773

Dr. Brett Opell  
Director, Prostate Cancer Program  
908-289-3666

Dr. Vincent Salerno  
Medical Oncology & Hematology  
908-994-8774

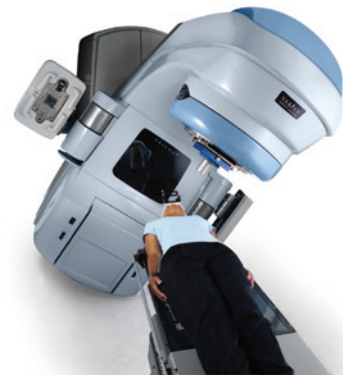
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## Q&A Radiation Therapy: What should I ask my Doctor?

Radiation has been successfully used to treat patients for more than 100 years. In that time, many advances have been made to ensure that radiation therapy is safe and effective. Before receiving radiation therapy, select a center with a robust quality assurance program. Some common questions that patients should ask their Radiation Oncologist include:

- Is the center accredited by the American College of Radiation Oncology or the American College of Radiology?
- Is the center credentialed by the MD Anderson RPC for RapidArc, Stereotactic Radiosurgery, and IMRT?
- Does the center employ full-time on-site medical physicists to oversee safety?
- Before IMRT or RapidArc, does the team perform a phantom test for every patient?
- Do multiple radiation therapists operate the treatment machines at all times?



**For more information please contact the Trinitas Cancer Center Radiation Oncology department at 908-994-8393 or visit the following website: [www.rtanswers.org](http://www.rtanswers.org)**

## Trinitas Radiation Oncology Receives ACRO Re-Accreditation:

Trinitas Comprehensive Cancer Center's Department of Radiation Oncology proudly announces that it has once again achieved a 3-year Certificate of Accreditation by the American College of Radiation Oncology (ACRO) Practice Accreditation Program. The accreditation results from a professional review of Trinitas' Radiation Oncology practice.

ACRO includes approximately 1,000 physician members and other healthcare professionals who specialize in radiation oncology. ACRO developed the Practice Accreditation Program (PAP), which consists of a team of ACRO-designated board-certified Radiation Oncologists, Radiation Physicists, and members of the ACRO Physics Commission and the ACRO Practice Accreditation Subcommittee, who identify standards for accreditation indicative of a high quality practice.

The ACRO PAP team evaluated patient care, medical physics, radiation safety, continuing medical education programs, staffing, and major equipment. "We are committed to the highest standards of clinical practice and safety protocols and we are pleased that we once again performed favorably with respect to ACRO's high standards," explains Barry Levinson, MD, Medical Director at Trinitas Comprehensive Cancer Center.

## Did You Know?

Trinitas Comprehensive Cancer Center offers transportation service to patients in need. We understand that some patients have difficulty getting to their appointment and we want to make the process as easy as possible. For patients who choose to drive themselves, we provide valet parking right at the front door of the Cancer Center. Our philosophy is to minimize the difficulties associated with fighting illness and create an atmosphere of hospitality, kindness and compassion for patients and their families.

